Visthar

GENDER, HEALTH AND WELLBEING



JANUARY 05-07, 2027
AT VISTHAR, BENGALURU

Understanding Intersections, Exploring Strategies

A workshop for health professionals, researchers, community facilitators, and anyone interested in learning, reflecting, and sharing experiences.

INTRODUCTION

The interconcectedness of gender, health, and wellbeing is a critical issue that demands attention. Understanding how gender norms, power dynamics, and social determinants influence health outcomes is essential for promoting equitable health services and advancing human rights. This workshop aims to explore this multifaceted relationship.

OBJECTIVES

- Deepen understanding of gender and intersectionality with other social factors.
- Challenge harmful gender norms and stereotypes that contribute to health disparities.
- Analyse the social determinants of health, with a focus on gender-based inequalities.
- Explore community-based interventions that promote gender equality and equity in the health sector.
- Develop strategies to mainstream gender towards more equitable and inclusive health interventions.

CONTENT

- Gender Concepts and Intersectionality
- Gender-Based Violence and Long-Term Health Outcomes
- Climate Change and Health
- Sexual & Reproductive Health and Rights
- Mental Health and Gender
- Mainstreaming Gender and Diversity in the Health Sector
- Gender- Responsive Health Interventions

COURSE FEE AND REGISTRATION

- **Rs. 3000/-** (Day Scholars)
- **Rs. 6000/-** (Residential)

The workshop will be facilitated by a team of health, gender, and development professionals, providing a comprehensive and nuanced exploration.

FACILITATORS

Shantidani Minz, David Selvaraj, Mercy Kappen & Rajkumari Nimbale

RESIDENTIAL ROOMS
TWIN SHARING ONLY
(IF YOU WISH TO STAY IN SINGLE ROOM PLEASE REACH OUT TO US ON visthar.programs@gmail.com)

LAST DATE TO APPLY
10TH DECEMBER 2026

Apply Now

Visthar, KRC Road, Doddagubbi, Kothanur PO Bengaluru - 560077

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