

# **ECO-EDUCATION**

At Visthar Eco Sanctuary



This is a unique and enriching programme designed for schoolchildren.

Our goal is to foster a deep appreciation for nature and sustainable living.

The program provides a holistic

approach to environmental education, combining practical skills, artistic expression, and social awareness in the serene setting of Visthar campus.

#### WHAT WE OFFER

## 1. Gardening Sessions

"The garden is a grand teacher."

Our gardening sessions are designed to connect students with the earth. They will learn about the plant life cycle, the importance of composting, and the principles of organic farming. The students will also get their hands dirty planting seeds, tending to vegetable patches, and harvesting produce. This activity teaches patience and responsibility while helping children understand where their food comes from and the interconnectedness of all living things.



Your choices matter. Let's protect what we love.



# 2. Recycled Paper Making

In our recycled paper-making workshop, students will learn how to transform waste paper into a valuable resource. They will participate in every step of the process, from pulping old paper to pressing and drying their new sheets. This hands-on activity teaches the principles of recycling and waste reduction, encouraging students to think creatively about resource management.

## 3. Eco Art

The eco art sessions will encourage students to observe and express the beauty of the natural world around them. Using the Sanctuary as their inspiration, they will be guided to capture the colours, textures, and forms of the plants, animals, and landscapes. This creative outlet helps children develop a deeper connection to nature, sharpen their observational skills, and express their personal understanding of environmental aesthetics.

#### 4. Trash to Treasure Workshop

"The world is but a canvas to our imagination."

This workshop is a vibrant and imaginative session that transforms waste materials into playful creations. Under the guidance of our artists and educators, students will learn to see discarded items not as garbage but as resources with untapped potential. hey will use their creativity to design and build unique toys from plastic bottles, cardboard boxes, and old newspapers. This activity not only promotes the principles of "reduce, reuse, and recycle" but also sparks ingenuity and shows how everyday actions can have a positive environmental impact.



#### 5. Nature Walk

"Look deep into nature, and then you will understand everything better."

This guided nature walk is a journey of discovery. Students will explore diverse plant and animal life, learn about the sanctuary's mission, and understand the importance of preserving biodiversity. This experience aims to instill a sense of wonder and respect for the environment, highlighting the need for conservation efforts.



#### **Programme Details:**

- Participants: Schoolchildren, Schoolchildren, ages 8-16, with activities tailored to different age groups.
- **Duration:** 10:00 AM to 4:30 PM
- Facilitators: Experienced artists, educators, and facilitators from Visthar.
- **Venue:** Visthar Eco Sanctuary, Bengaluru.

## **Logistics & Fees:**

- **Program Fee:** Rs. 1000/- per student
- **Inclusions:** All activity materials, facilitation by artists and educators, and refreshments.
- Lunch: Available upon request for an additional charge (approx. Rs. 150 - 200 per student).
- **Discounts:** A 10% special group rate is available for schools booking for 50 or more students.
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