



Gender, Health and Wellbeing

September 22-24, 2025 at Visthar, Bengaluru

Exploring Intersectionalities and Strategies

A workshop for health professionals, researchers, community facilitators, and anyone passionate about the topic.

Introduction

The interconnectedness of gender, health, and wellbeing is a critical issue that demands attention. Understanding how gender norms, power dynamics, and social determinants influence health outcomes is essential for promoting equitable health services and advancing human rights. This workshop aims to explore this multifaceted relationship, highlighting the impact of gender on health and well-being.

Objectives

- Deepen understanding of gender and intersectionality with other social factors. Challenge harmful gender norms and stereotypes that contribute to health disparities.
- Analyse the social determinants of health, with a focus on gender-based inequalities.
- Explore community-based interventions that promote gender equality and equity in the health sector.
- Develop strategies to mainstream gender towards more equitable and inclusive health interventions.

Content

1. Gender Concepts and Intersectionality
2. Gender-Based Violence and Long-Term Health Outcomes
3. Climate Change and Health
4. Sexual & Reproductive Health and Rights
5. Mental Health and Gender
6. Mainstreaming Gender and Diversity in the Health Sector
7. Gender- Responsive Health Interventions

Course Fee and Registration

Fee: Rs. 6000 /- (Residential)

Rs. 3000 /- (Day Scholars)

Last date to apply: 31st August 2025

To Register: <https://forms.gle/2gsj4T3zEk1DUDVU8>

Facilitators

The workshop will be facilitated by a team of health, gender, and development professionals, providing a comprehensive and nuanced exploration. The facilitating team comprises: Shantidani Minz, David Selvaraj, Mercy Kappen & Rajkumari Nimbale



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